



CLASS TIMETABLE

Classes can be booked via the MindBody App

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	07.00 - 07.45 Charlotte	07.00 - 07.45 Debbie	07.00 - 07.45 Charlotte		07.30 - 08.15 Debbie
09.30 - 10.15 Debbie				09.30 - 10.15 Debbie	
17.30 - 18.15 Debbie	17.45 - 18.30 Charlotte	17.30 - 18.15 Charlotte	17.45 - 18.30 Debbie		
18.30 - 19.15 Debbie		18.30 - 19.15 Charlotte			